

MEDIA KIT



WWW.ELEANORHADLEY.COM

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About



Eleanor Hadley is a Sensuality Coach, Sex Educator and Sensual Movement Practitioner.

Through 1:1 coaching, group programs, retreats, workshops and speaking, Eleanor helps women reclaim their inner sensualista so they can develop a deep appreciation for their bodies, have mind-blowing sex and soulful, connected relationships.

Eleanor believes that sensuality is the missing key to cultivating deeper connection - with yourself, your body, your pleasure and with your loved ones. She has supported women around the world to finally channel their feminine essence to create super turned on lives of ease and flow.

On [*The Sensuality Academy Podcast*](#) Eleanor shares juicy gems from her own life, stories of clients' success along with tangible techniques to help you discover your sense of self-love, cultivate self-intimacy and boost your self-esteem.



Aligning our Values

As a white, cisgender, able bodied, neurotypical, slim and femme-presenting woman I acknowledge my privilege and I am committed to creating accessible and inclusive spaces for people of all genders, sexualities, abilities & income levels as well as cultivating spaces for black, indigenous & people of colour along with the LGBTQIA+ community to feel welcome.

My programs focus primarily on the feminine energy, and many are tailored for cis and trans women & non-binary folk. Many of my resources though are open to all identities who resonate with my work. I strive to use inclusive language and examples when teaching to ensure all feel represented.

It is important that our values align, if we are to partner together.

I would like to acknowledge the traditional custodians of the land on which we stand and teach upon, and I pay my respects to their elders , past, present & emerging.



Working with Eleanor

Expert Contribution

Feature Eleanor in your publication, on your podcast or at your event.

Read more about booking Eleanor as your Sensuality Specialist on page 6

Promote your brand

Showcase your brand to a highly engaged and eager audience across Eleanor's social media platforms and *The Sensuality Academy Podcast*.

Read more about brand partnerships on page 9



Feature Eleanor

.....
Your Sensuality Specialist



Book Eleanor for:

- Podcast interviews
- Guest Speaking & Events
- Teaching workshops
- Guest instructor in online programs
- Writing guest articles
- Written interviews and features



Areas of Expertise

Specialising in:

- Sensuality & Slow Living
- Sexuality, Pleasure & Orgasms
- Body Confidence & Self-Love
- Embodiment & Movement
- Empowered Lap Dance
- Femininity & Feminism
- Menstrual Cycle Awareness
- Relationships & Communication



Topics of Discussion.....

Explore topics such as:

- How to Give an Empowered Lap Dance
- 8 Ways to Feel More Sensual Everyday
- 'Gourmet Sex' VS 'Snack Sex'
- The 6 Keys to Sensual Sex
- Unlocking Female Orgasms
- Prioritising your Pleasure
- How to Talk About Sex with a Partner
- Polarity: Unlocking Delicious Sex
- Spiritual Bypassing & Sexuality

Choose from some of Eleanor's favourite topics to discuss, or reach out to craft a conversation that your audience will love.

Explore more topics that Eleanor is passionate about on the podcast:

The Sensuality Academy



Promote your Brand.....

Instagram Only

- 1 x Instagram Feed Promotion
- Instagram Story Promotion

Contact for Pricing

Podcast Only

- Sponsored Podcast Ad Space

[1 minute promotion either at the beginning OR middle of an episode]

Contact for Pricing



Promote your Brand.....

Gold Package

- Sponsored Podcast Ad Space
- Instagram Feed Promotion
- Instagram Story Promotion

Contact for Pricing

Platinum Package

- Sponsored Podcast Ad Space
- Instagram Feed Promotion
- Instagram Story Promotion
- Placement in *Sensual Sunday* weekly newsletter

Contact for Pricing

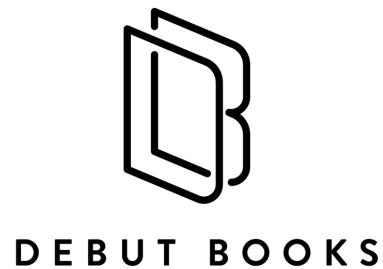


Brand Partners.....

Some of the brands I have created content for include:



Featured In.....



Testimonials

Thank you so much for being a guest instructor for *Pleasure Empress* - your energy is electric and you've opened my mind to embracing sensuality for myself and it not having to be sexual. And the power of eye contact omg!! What a revelation!

Thank you for sharing your gift, it truly is so powerful.

- *Jules*

Every human with a vulva needs to go to Eleanor's Sex School!

- *Alissa*

I had some profound energetic and mental shifts during the class and I thoroughly enjoyed Eleanor's effective yet gentle approach. She's a wealth of knowledge and imparts her knowledge with others in a calm yet impactful way.

- *Nico*

If you want to feel sexy, confident and empowered, Eleanor is your girl! Not only is she an incredible dancer, her energy, kindness and compassion allow you to explore your won body, sexuality and power, uncovering parts of yourself you never knew were there.

- *Amy*



Get in Touch

It would be a pleasure to work with you.

Please reach out to enquire about how to make some magic with Eleanor, to promote your product, or to share the sensual love with your wonderful audience.

For further information about booking Eleanor's workshops, please request a copy of the *Guest Speaking & Teaching Guide*.

Direct all enquiries to:
media@eleanorhadley.com



With love & gratitude,

Eleanor
Hadley

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